

Active Transport	vs.	Passive Transport
both processes move things in & out of cells both processes occur in living things		
requires E to move subst		no E required to move subst
moves against concent gradient		moves down concentration gradient
moves from low-->high		moves from high-->low concent
moves against natural flow		moves with the natural flow
must be able to make E to move substances		passage is due to inherent E present w/in substances (e-)
can ONLY occur w/in living systems		can occur in living, nonliving, & artificial systems
examples: endocytosis, exocytosis, protein pumps		ex: diffusion, osmosis, facilitated diffusion

## Passive Transport

already discussed 2 examples: diffusion & osmosis

facilitated diffusion: molecules move down concentration gradient w/help of transport proteins in cell membrane

helps diffusion proceed faster

transport proteins can form channel to help ferry substance across membrane

## examples of Active Transport:

Exocytosis: moves things out of cells by putting substance into vesicle  
the vesicle moves to cell membrane, fuses with cell membrane, is released to outside of cell

these items are moved by bulk transport because they are too large to get in and out of the cell by diffusion  
examples are proteins, hormones, polysaccharides

Endocytosis: moves things inside cells

again, these substances are too large to move in by diffusion  
substance comes to cell membrane, membrane pinches inward around substance, closes around it forming vesicle, then vesicle moves inside cell

both of these require E due to movement of cell membrane

Protein pumps: proteins embedded in cell membrane actively move ions either inside or outside of cell

ex.  $\text{Na}^+$  and  $\text{K}^+$  pump in nerve cells

